

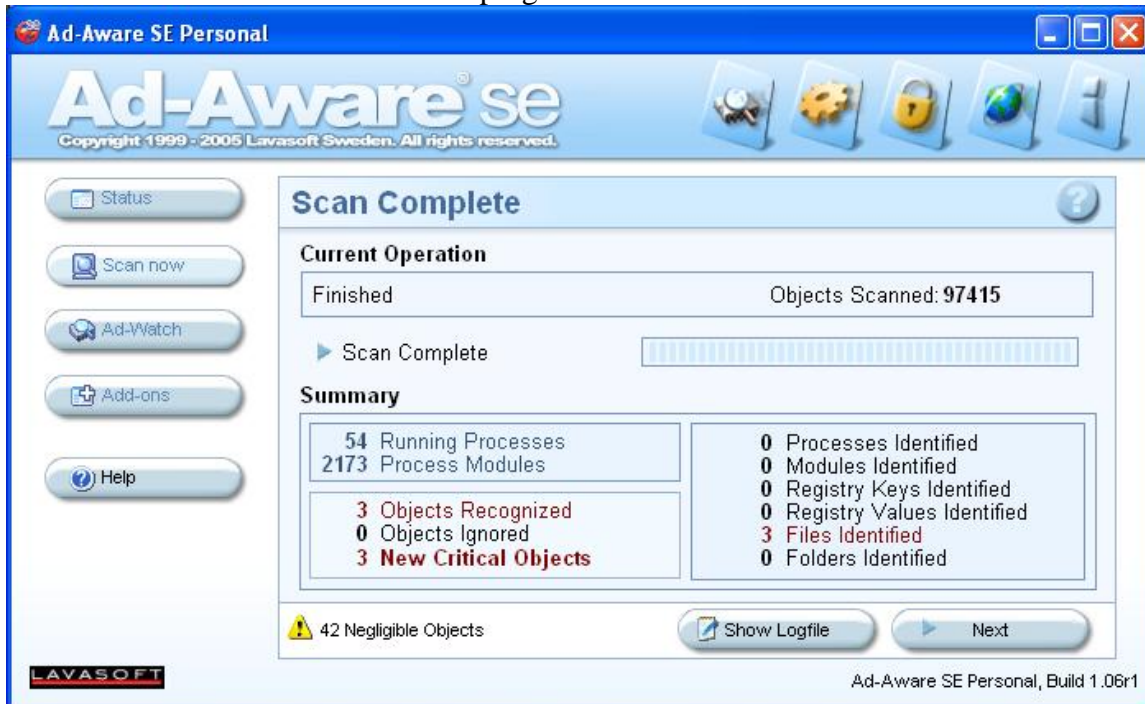
# To Clean Up a Computer

Computer running slow? Try these fixes to speed it up.

1. Start/Programs/Accessories/System Tools/Disk Cleanup. Delete everything except Compress Old Files by inserting a check mark by anything that has a file size indicated.



2. Download ad-aware (a freeware program for deleting spy-ware from computers) from [http://tu cows.com/get/236049\\_95468%20and%20choose%20U.S.A.](http://tu cows.com/get/236049_95468%20and%20choose%20U.S.A;); and choose U.S.A.; then choose the closest download location to you, and then Run. Let it install and then run the program.



3. Select and delete the files that it finds.



4. If this computer is at home, go to [http://www.trendsecure.com/portal/en-US/free\\_security\\_tools/housecall\\_free\\_scan.php](http://www.trendsecure.com/portal/en-US/free_security_tools/housecall_free_scan.php) . Click on



- . If your computer is at school, Trend is running all the time your computer is on.
5. Update your browser by opening Internet Explorer. Go to Tools, Windows Update and then do an Express update for Critical Updates.