

Mr. Sifuentes

Physical Education/Health

bsifuent@houstonisd.org

Purple Day	Red Day
P1—Conference	R1—PE/Health
P2—PE/Health	R2—Conference
P3—PE/Health	R3—PE/Health
P4—PE/Health	R4—PE/Health



Where is your brain going to live? PE is a vital part of a complete teaching model. This class follows the HISD curriculum and incorporates IBMYYP concepts in order to make physical activity fun and beneficial. This class must engage students to make them life-long learners.